



Integration of SDGs in

- Institutional governance/strategic level
- SDGs in research
- SDGs in campus operations
- SDGs in curriculum development
- SDGs in student engagement activities
- SDGs into community activities
- SDGs at a whole-institution level

Focus on

- Goal 1 - No poverty
- Goal 2 - Zero hunger
- Goal 3 - Good health and wellbeing
- Goal 4 - Quality education
- Goal 5 - Gender equality
- Goal 6 - Clean water and sanitation
- Goal 7 - Affordable and clean energy
- Goal 8 - Decent work and economic growth
- Goal 9 - Industry, innovation and infrastructure
- Goal 10 - Reduced inequalities
- Goal 11 - Sustainable cities and communities
- Goal 12 - Responsible consumption and production
- Goal 13 - Climate action
- Goal 14 - Life below water
- Goal 15 - Life on land
- Goal 16 - Peace, justice and strong institutions
- Goal 17 - Partnerships for the goals

SDG Accord Case Study

Summary:

Students at Forth Valley College are offered their most important meal of the day for free after the launch of a new initiative.

All three FVC Campuses at Falkirk, Stirling and Alloa have set up a 'Healthy Breakfast Table' with cereal, fresh fruit and porridge available for students to help themselves.

This aims to not only support students during ongoing difficult financial times, but promote positive physical and mental well-being, increase student attendance and hopefully attainment.

Karyn King, FVC's Operations Manager in the Department of Creative, Digital and Leisure Industries, said: "With the cost of living increase hitting everybody hard, we thought it would be a great idea to try and support all students to get a good, healthy breakfast. They do not have to go through the till, so there is no stigma if anyone wants to help themselves. We have initially estimated to serve at least 140 students per week across our three campuses, but these are very loosely forecasted figures, and we are aiming to offer this service to anyone who needs it!"

Amber Little, President of the Forth Valley Student Association, said: "Something like this is a welcome initiative in this cost of living crisis. Research done by the National Union of Students Scotland says that 60% of students worry about their finances frequently or all of the time and 35% had considered dropping out because of money worries. If we can do something to alleviate some of that stress, then that's a win in my eyes."

Professor Ken Thomson OBE, Principal of Forth Valley College, said: "Initiatives such as this are going to be vital for many of our students through the coming winter months. I am very proud of the steps our College community are taking to support our students at this difficult time."

Outline the 3 key benefits of integrating this theme:

- 1. Supporting students during cost of living crisis.***
- 2. Promoting positive physical and mental well-being.***
- 3. Increasing student attendance and attainment.***

Outline the barriers or challenges encountered in integrating this theme and how you overcame these:

- 1. Stigma preventing students from using the free breakfasts – this was addressed by encouraging use through the Students Association and siting the breakfast table in a discrete location.***
- 2. Availability of budget - the initial budget for this initiative was provided through the College's wider hospitality budget, with additional support from some larger suppliers who have regularly donated some breakfast products.***

SDG Accord Case Study

Outline your conclusions and recommendations to others:

Student uptake on the initiative has been very successful and the number of students utilising the offer has continued to grow week on week.

Following the success of the free breakfast offer, we have since begun offering free soup and rolls at lunchtimes. This has also been very popular, and we intend to continue to offer this moving forward. For this offer soups are changed daily for variation and are suitable for most dietary requirements.

We would encourage other institutions to consider similar schemes where possible.