



UNIVERSITY of
STIRLING



Cycling at Stirling

Investing in a sustainable future through
green travel choices

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BE THE DIFFERENCE

Agenda for today

- The University of Stirling
- The Cycling Journey: the road to cycling promotion
- Grants and Funding – turning opportunities into assets
- Cycling events on campus
- The future of cycling and sustainable travel at Stirling

The University of Stirling

- 3 campuses: Stirling, Highland, Western Isles campus
- Over 12,800 students and 1,500 staff
- Cycle Friendly Campus
- Cycle Friendly Employer
- 480 bike parking spaces
- Bike rental scheme – Nextbike
- Recyke-a-Bike
- Stirling Cycle Hub



The Cycling Journey: How did it start?

- Cycle Friendly Campus Award
- Cycling Scotland
- Bright Green Business
- Campus Cycling Officer Programme



BE THE DIFFERENCE

Grants and Funding

- 2016 – Cycle Friendly Campus Award

- Campus Cycling Officer position

- Facilities improvement

- Additional bike parking spaces: Queen's Court link bridge, Pathfoot north and south entrances, (ongoing), Gannochy Sports Hall (in progress), John Forty's Court (in progress)

- 2016 – Internship Fund

- Cycling promotion, events and activities taking place in the spring semester of 2017

- Pocket campus map – showing bike parking locations, Nextbike stations, changing facilities, routes to academic buildings and to student accommodation

- Cycling film – short film produced by our student media group AirTv

- Safety Campaign – Full day event run together with the University of Stirling Cycling Club with led rides and bike safety equipment giveaway

- 2017 - *Recently submitted application:* Campus Development Grant for infrastructural changes

Campus Cycling Events

- Dr Bike sessions

Free fortnightly bike maintenance sessions run by Recyke-a-Bike
On average 9-14 bikes fixed in a 5 hour session

- Active Travel Day – October 2016

Sustainable Travel promotion with Cycle to Work Scheme, Liftshare, Nextbike, University of Stirling Cycling Club, Nissan Leaf 0 emissions car

- Festive Cycling Event – December 2016

Promoting cycling whatever the weather in a festive spirit with mince pies and Dr Bike

- ReFresher's Week – January 2017

Engaging new students in cycling during their first week at the University

- Sustainability & Employer Engagement Week – January 2017

Joint event with the Stirling Cycle Hub and The Green and Blue Space

Cycling Events



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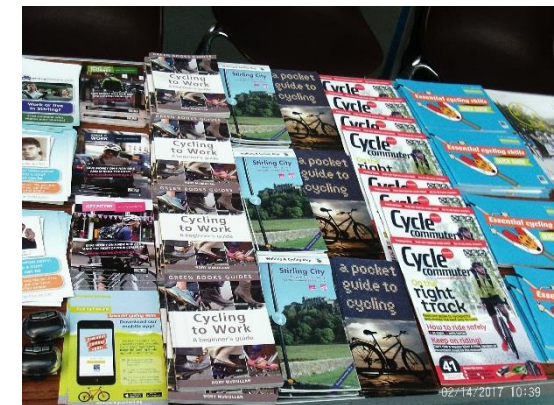
ACTIVE TRAVEL DAY

Everything you wanted to know about healthy lifestyle and active commute to campus

**FREE EVENT
FOR STAFF & STUDENTS**

**Monday 31st October 2016
10 am – 3 pm
Atrium & Pathfoot Crush Hall**

- Fix your bike for **FREE** with Dr Bike at the **Recycle-a-bike** stall
- Check your bike journey and get route advice from **Stirling Cycle Hub**
- Boost your travel confidence & sign up for **FREE** to the **Essential Cycling Skills Sessions** (numbers are limited)
- Are you healthy? Book yourself a **FREE** health check-up!
- **Healthy Eating** – Smoothies and healthy tray bakes are awaiting at **Baxter Storey**
- Find out about the University **CycleScheme** (Staff only)
- Try out something new – sign up for a **FREE** HIIT, Indoor cycling or a Yoga **taster session** at the **Sports Centre** stall
- Enthusiastic biker? Check out what the **University of Stirling Cycling Club** has got to offer!
- Environmentally conscious driving? Give the **Nissan Leaf** electric car a go - book a test drive!
- Find out about the **Liftshare** car sharing scheme
- Get to know the eco-friendly buses with **FirstBus**
- Why not try **Nextbike**? **FREE** bike rental service for staff & students – sign up at the **Nextbike** stall



The future of cycling at Stirling

- Cycle infrastructure
- Regular bike monitoring on campus
- Cycling skill sessions – *both for staff & students*
 - Essential Cycling Skills training
 - Cycle ride leader training
- Cycle Friendly Employer Award
- Active Travel Day & Safety Campaign – *March 2017*
- Led rides

Special thanks to

**Cycling
Scotland**



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50^{YEARS}

