# How a community garden can benefit students and the wider community

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### WHAT DO WE DO?

- Milton Road Community Garden
- Sighthill Community Garden (includes 2 greenhouses)
- Community Orchards on three of the four campuses
- Biodiversity Projects
- Talk to classes about sustainability related to their subject of studies
- Supporting students and staff to develop small project/action toward sustainability



### OUR OUTCOMES

- Improving environmental awareness and promoting sustainability
- Improving and enhancing biodiversity on campus
- Increasing links with the communities
- Providing opportunities to grow your own
- Promoting healthier lifestyle and a better well-being
- Improving transferable employability skills
- Increasing self-esteem and building confidence
- Improving social understanding and integration



## WHO CAN GET INVOLVED



#### COMMUNITY MEMBERS & GROUPS







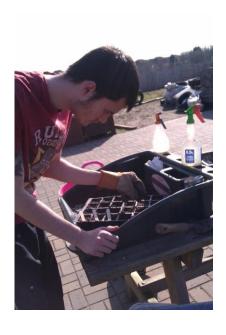
Milton Road Community Garden - Edinburgh College







## OUTDOOR LEARNING SPACES











## LINKS TO CURRICULUM

















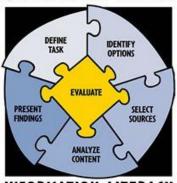


## TRANSFERABLE CORE SKILLS



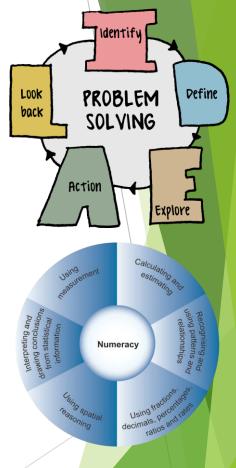


#### REFLECT · LEARN · CONNECT



INFORMATION LITERACY







## EXTERNAL COMMUNITY ENGAGEMENT

- Creating links between Edinburgh College and the community
- With agencies supporting young peoples and adults with additional support needs, and minority groups
  - Promoting inclusiveness
  - Introducing the College to young peoples, increasing their confidence to enable them to join courses in the future
- Increasing social skills and social contact reducing social isolation
- Intergenerational project
- Sharing skills and experience
- Safe space to be



#### COMMUNITY MEMBERS & GROUPS







#### SCHOOL GROUPS



#### AGANCIES SUPPORTING MINORITIES







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#### AGENCIES SUPPORTING YOUNG PEOPLE



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#### AGENCIES SUPPORTING ADULTS WITH ASN

















## RCHS GROW & LEARN AWARD











## LEARNING ABOUT SUSTAINABILITY

- Learning to grow food, to share food
- Reflecting on own consume, where does our food come from? How does the food come to us? What are the implication for our environment? Does the price we pay reflect the costs of it? not only food but all sort of products
- Learning about what surround us Awareness, mindfulness and resilience
- Taking responsibility for own success or lack of it
- Low budget means getting thrifty and recycling as much as we can



## EDINBURGH WIDE COMMUNITY EVENTS







Doors Open Days get into buildings!



## Many thanks

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