



Social: Friends, Family, the wider Community
 Our aim through this course is to bring communities together and to give you skills that impact on your life in some way.

Have you met new people off the course that you will stay in contact with? How could you share, use or pass on what you have learnt?

Financial
 Our aim through this course is to support you with new skills that could impact on your financial situation and the local economy.
 How could you use your new skills to save you money?

We've shared labour helping out in each others gardens
 Learnt something new

This has been confidence building

I now have heightened expectations

This has helped to build up a community network

Get exercise and fresh air—feels good

As we've gelled we've been able to help each other with life's problems

We've eaten more healthily

We have shared experiences due to our shared learning

Feels like a great achievement—personally and with group

Gets you out of the house

Great to help others

This has all helped to activate a culture of change and responsibility

We've saved money as we've been supported with seeds and tools

We've shared plants and seeds between us which has saved

You can make small changes that have big

We've saved money on food at home

Growing your own instead of buying it saves money and you can also save your seed to

**NAME
 ORGANIC
 GARDENING**

Met others with similar interests—developed new friendships and working together as a community to continue the project

We've had social events at Terry's house—a gardening party

We provide a good example to the local community

Community garden looks more attractive

Eating local produce—food

Less in land-fill if compost correctly

Food eaten in season

Learnt about organic—no chemicals

Gardening good for birds and beasts

We've been encouraged to recycle kitchen waste which reduces the amount of waste

Environment
 We deliver courses out in the community to make them more accessible for you. In this way we reduce the amount of travelling you need to get to the training. We also try to minimise the resources (paper) used to deliver the course.
 Will anything you have learnt on the course impact on your use of resources (energy, paper, water, food, e.g. buy locally, recycle, reuse).