

Cycling in St Andrews

Lara Fahey
Campus Cycling Officer



transition
university of st andrews



Alistair



Lara



Jordy



Jim

Who are we?

St Andrews Cycling Crew



Plus many, many more...



What do we do?



TRAIN-UP
Bike maintenance volunteer training

One Day course to learn bike maintenance skills ahead of assisting at Bike Pool sessions. Attendees can also progress to achieve further qualifications via Bike Pool including international bike maintenance standards such as velotech.



DRA Nisbet Room —25th September and 8th October

9.30am to 4pm

Costs £15 (£5 reimbursed when you assist at 1st bike pool)

Booking via Eventbrite/ bike maintenance training or email transition for further info

We fix
bikes





267 bikes
fixed between
September
and
November
2016.



Bike
refurbishment
sessions
bringing old
bikes back to
life.





29 bike
maintenance
volunteers
trained since
May 2015.

We help
others to
fix their
own
bikes




Through bike maintenance kits...

Bike Maintenance Kits

Located At A Hall Near You!

St Andrews

BIKE
POOL



12 bike
maintenance
kits, free for
all to use.

Cycle repair hubs...



TOOLS

1 x High pressure pump

2 x Screwdrivers

1 x Torx star key T25

1 x Double ended cone spanner angled DCW-4C 13/15mm

1 x Double ended straight spanner CBW 12/14mm

1 x Double ended straight spanner 15/17mm

Allen Key

Two cycle
repair hubs
on campus.
Open to all.



And Bike Pool sessions



Over 50 Bike
Pool sessions
held each
academic year.



We loan
out bikes



82 bikes in the
scheme,
generating
approximately
£2000 of
income
annually.



60 bikes
loaned out in
September
2016.



We make
cycling
safer

By making films...



Transition University of St Andrews

Published by Andrew Nall-Cain [?]

Page Liked · September 7 near Saint Andrews ·

Edited ·

On Sustainable Transport // Transition University of St Andrews's profile · [Remove](#)

Charlie's Freshers' Week Adventure

Watch Charlie's travails as he tries to meet up with his hot new date this St. Andrews freshers' week. Please like and share to spread the good word.

For more information on cycle safety see:

... Sustainable Transport //

... Green 6.

'Charlie's'
cycle safety
video:
4,100 views
since
September
2016.



Top Comments

Giving out safe cycle wear...



Approximately
1,000 high
visibility vests
given out in
September and
October 2016.



Pimping up bikes...



Five colours of reflective tape to 'pimp' one's ride. Free for all to use.

And campaigning

LIGHT UP

Winter is coming.

Dark nights need bike lights

Our bike light campaign aims to increase dual bicycle light usage from 59% to 80% by March 2017.



We
work
with
others

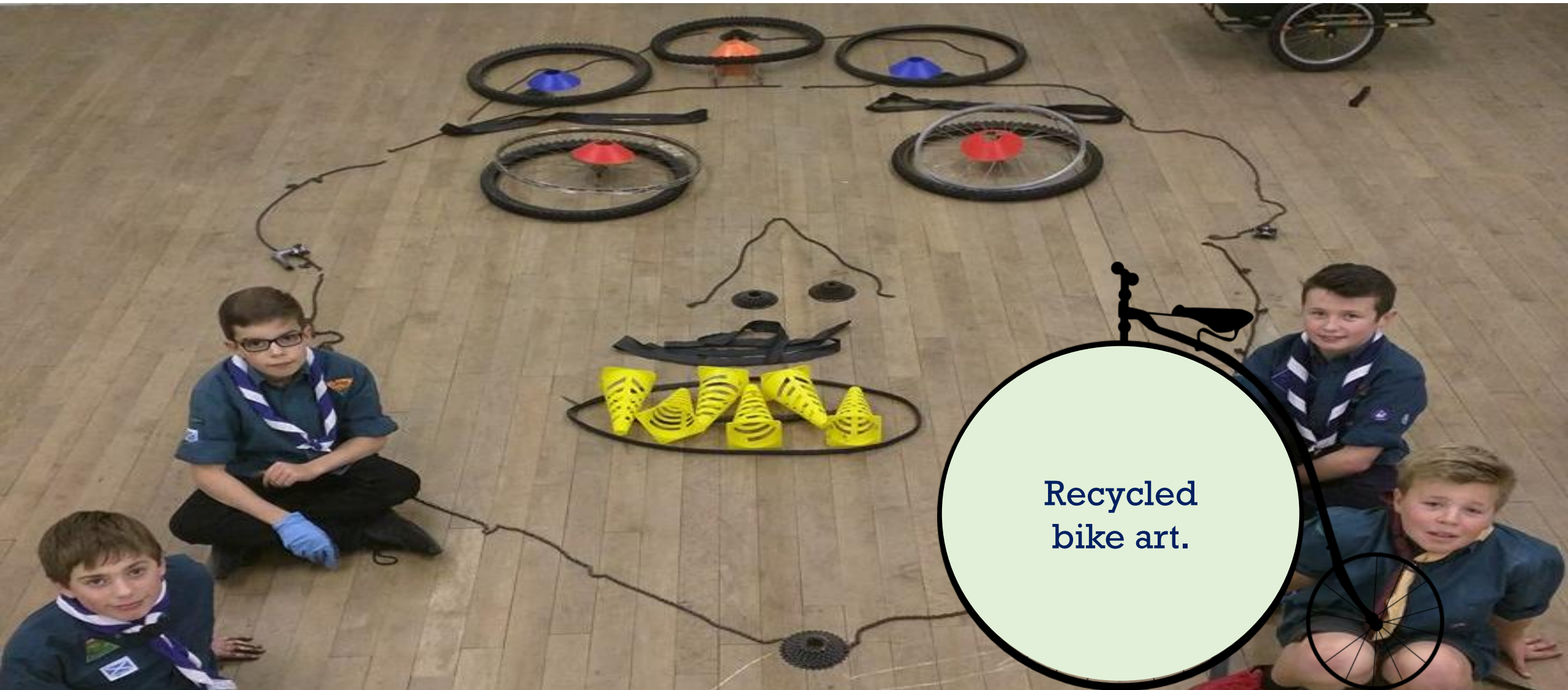


With schools...



31 P7 pupils
achieved
Bikeability
Level II in
November
2016.

Scouts...



Recycled
bike art.

Local politicians...



Lara pictured
with Stephen
Gethins MP.

And those in the industry



Lara and
Alistair at the
Fife
Environmental
Partnership
Conference,
September
2016.



Lara with fellow
Campus Cycling
Officers at the
Cycling
Scotland
Conference,
November 2016.

We
engage
with
students



Approximately
2000 students
engaged with
since
September
2016.

Through smoothies...



Approximately
450 smoothies
made since
September
2016.



Simple
booking
system for
society use.

Generating electricity...



10 sports
teams;
1 kW of
energy;
1 overall
winner.

And going to the pub!

grøen drinks

meet like-minded folk at...



ST. ANDREWS BREWING CO.

every second Thursday of the month.

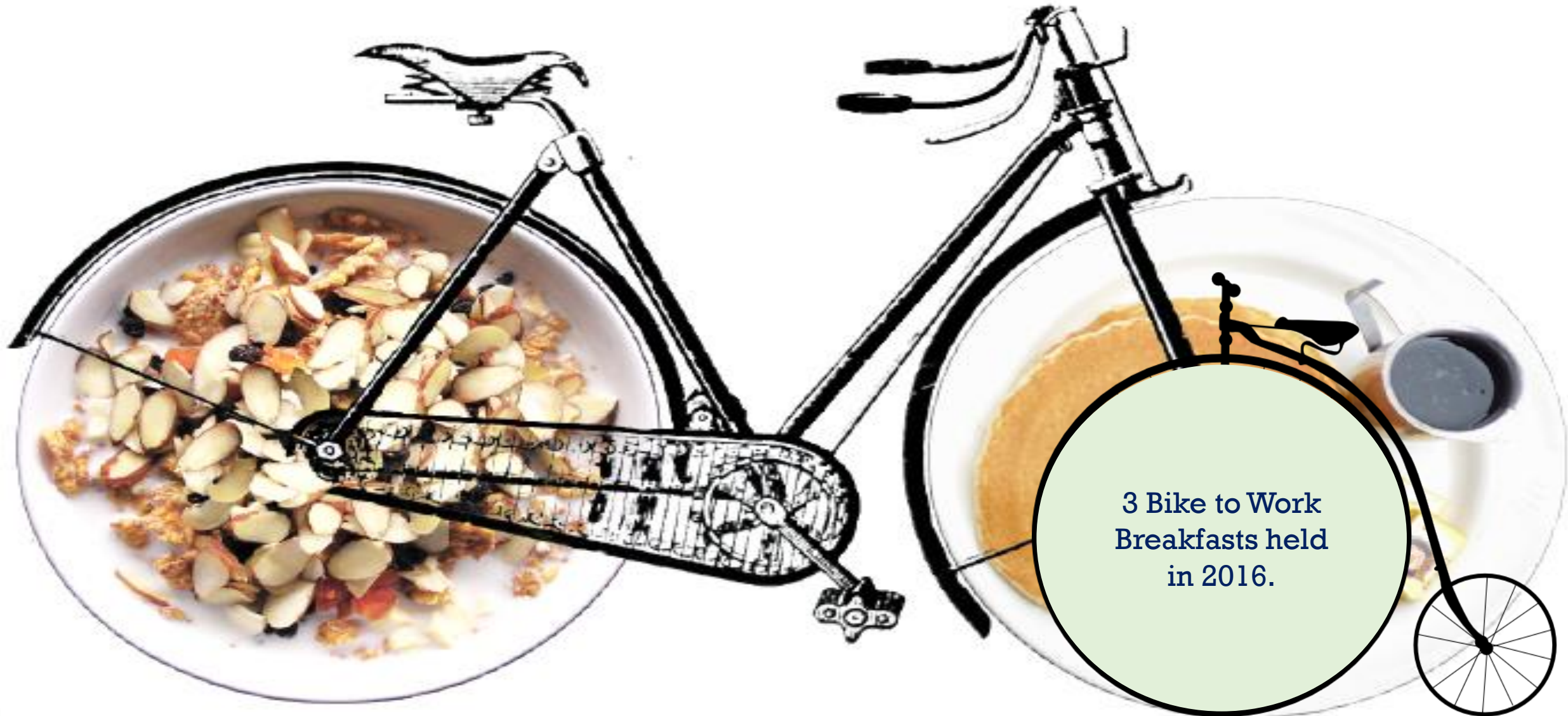
Meeting like-minded people and discussing environmental issues.



We
engage
with
staff



With breakfasts...



3 Bike to Work
Breakfasts held
in 2016.

Departmental Environmental Facilitators...

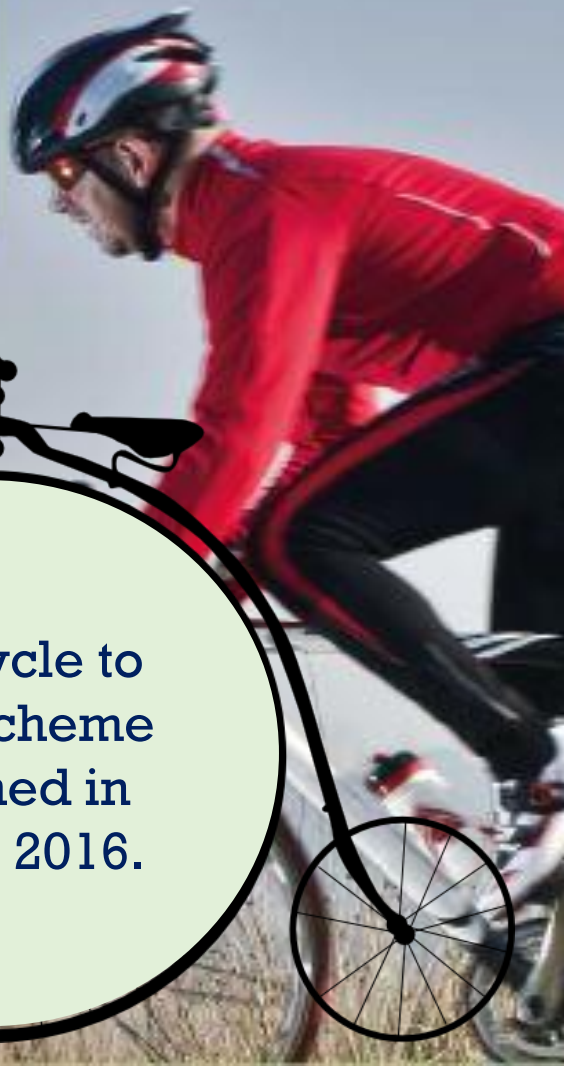


Representatives
are trained to
undertake
environmental
activities within
their
department.

And the Cycle to Work scheme

SAVE UP TO 48%

*on the value of a new bike
and cycling safety equipment.*



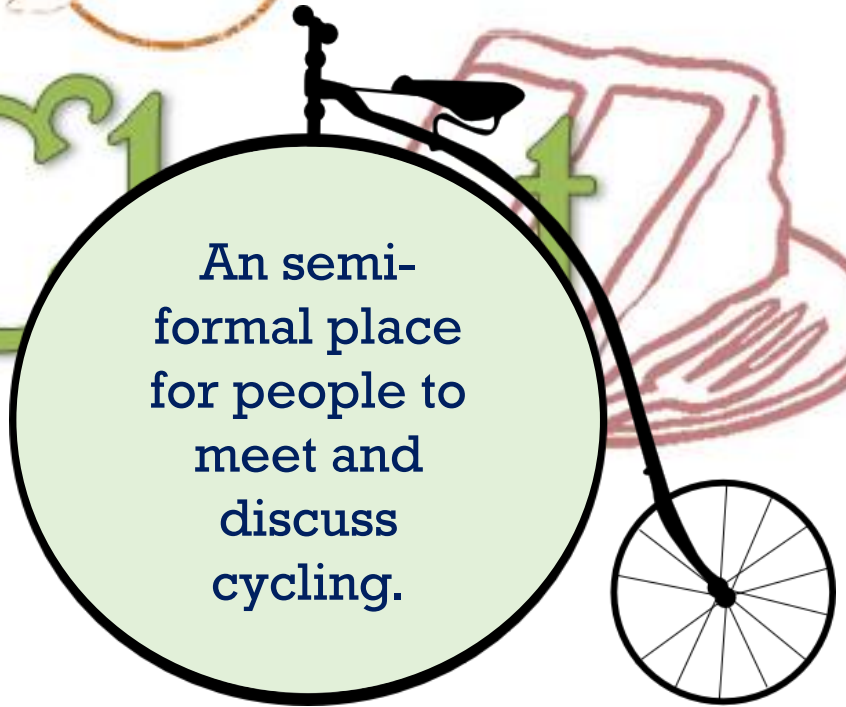
Our Cycle to
Work scheme
launched in
August 2016.

We listen



Over tea and cake...

Tea, Cake and Cycling Club

The logo is a circular emblem. The top half is green with a white leaf-like shape. The bottom half is blue with a white silhouette of a building, possibly a church or town hall.A black silhouette of a bicycle is positioned on the right side of the slide. The front wheel is large and serves as a frame for a light green circle containing text. The rear wheel is smaller and located at the bottom right.

An semi-
formal place
for people to
meet and
discuss
cycling.

Through our cycling box...



And open consultation



CYCLE STRATEGY

Where do you envisage cycling in
St Andrews in 2025?



A Smart Travel map for

St Andrews

Greener travel options
for the town and beyond

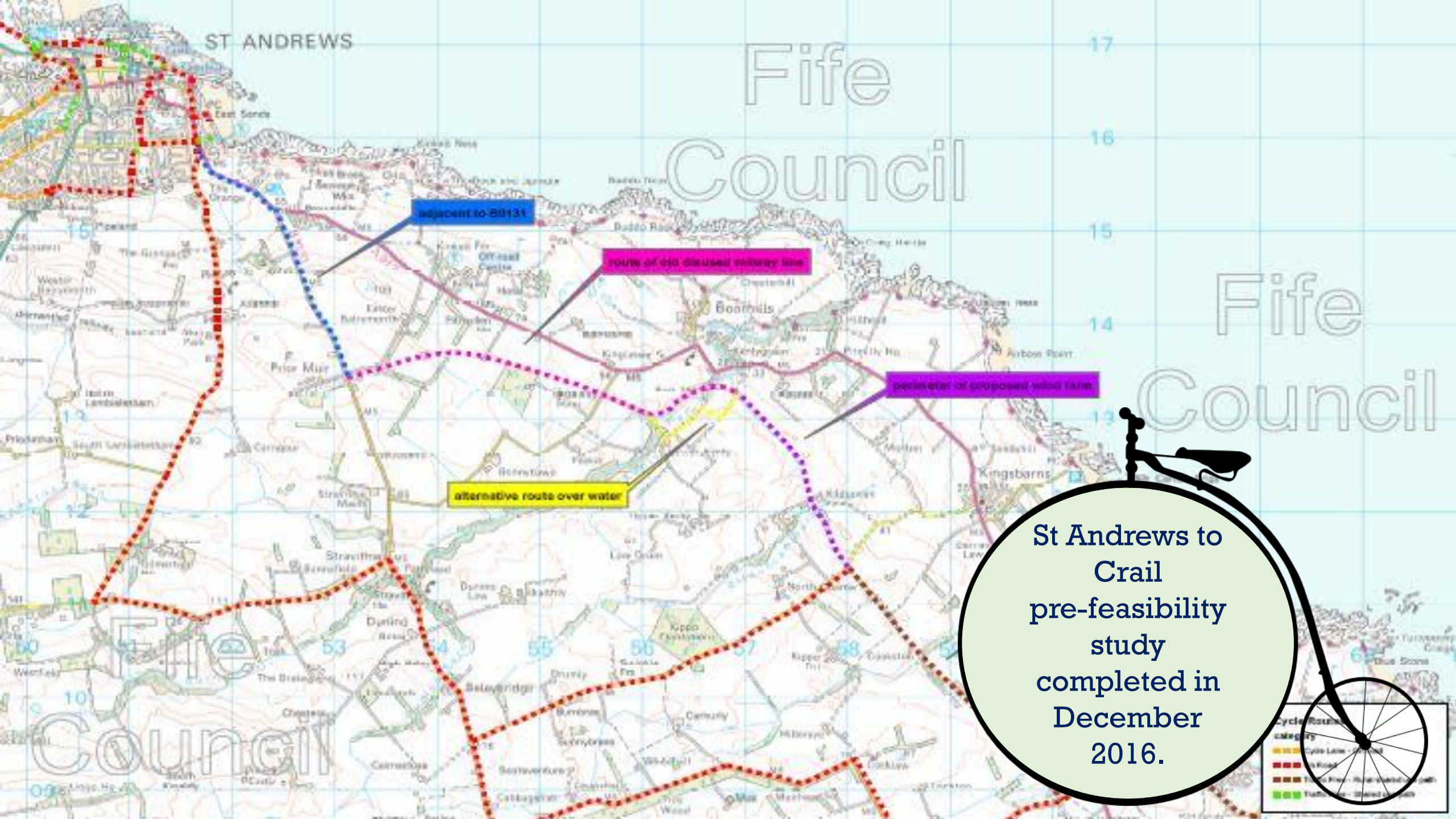


University of
St Andrews

We
develop
maps



St Andrews
Smart Travel
Map
developed in
April 2016.



ST ANDREWS

Fife
Council

17

16

15

14

13

adjacent to B9131

route of old disused railway line

perimeter of proposed wind farm

alternative route over water

St Andrews to
Crail
pre-feasibility
study
completed in
December
2016.

Cycle Route
category

- Cycle Lane - 1
- On Road
- Trail from Rural to Urban
- Trail from Urban to Rural



We try
out
new kit



Lara trialling
a recumbent
bike.





E-bikes are
currently
under
consideration
for the
University
Estates team.

We check on
existing
infrastructure





Fife
COUNCIL
TRANSPORTATION SERVICES

PLEASE REMOVE PADLOCKS FROM THE CYCLE LOCKS
WHEN NOT IN USE. FAILURE TO DO SO MAY RESULT
IN THE REMOVAL.



**Bike lockers
at Leuchars
Train Station.**

Leuchars



CALEDONIAN SLEEPER

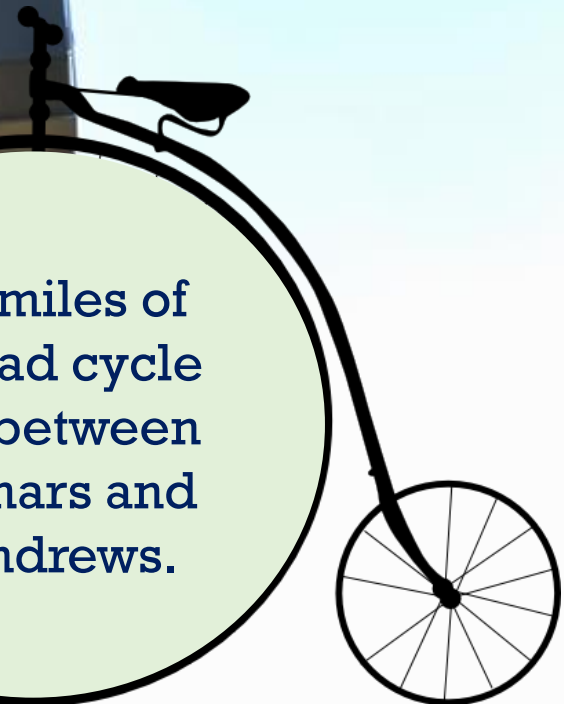


Guardbridge
St Andrews

$\frac{1}{2}$
5



Five miles of
off-road cycle
path between
Leuchars and
St Andrews.



We
train
cycle
leaders





7 ride
leaders
trained in
2016.

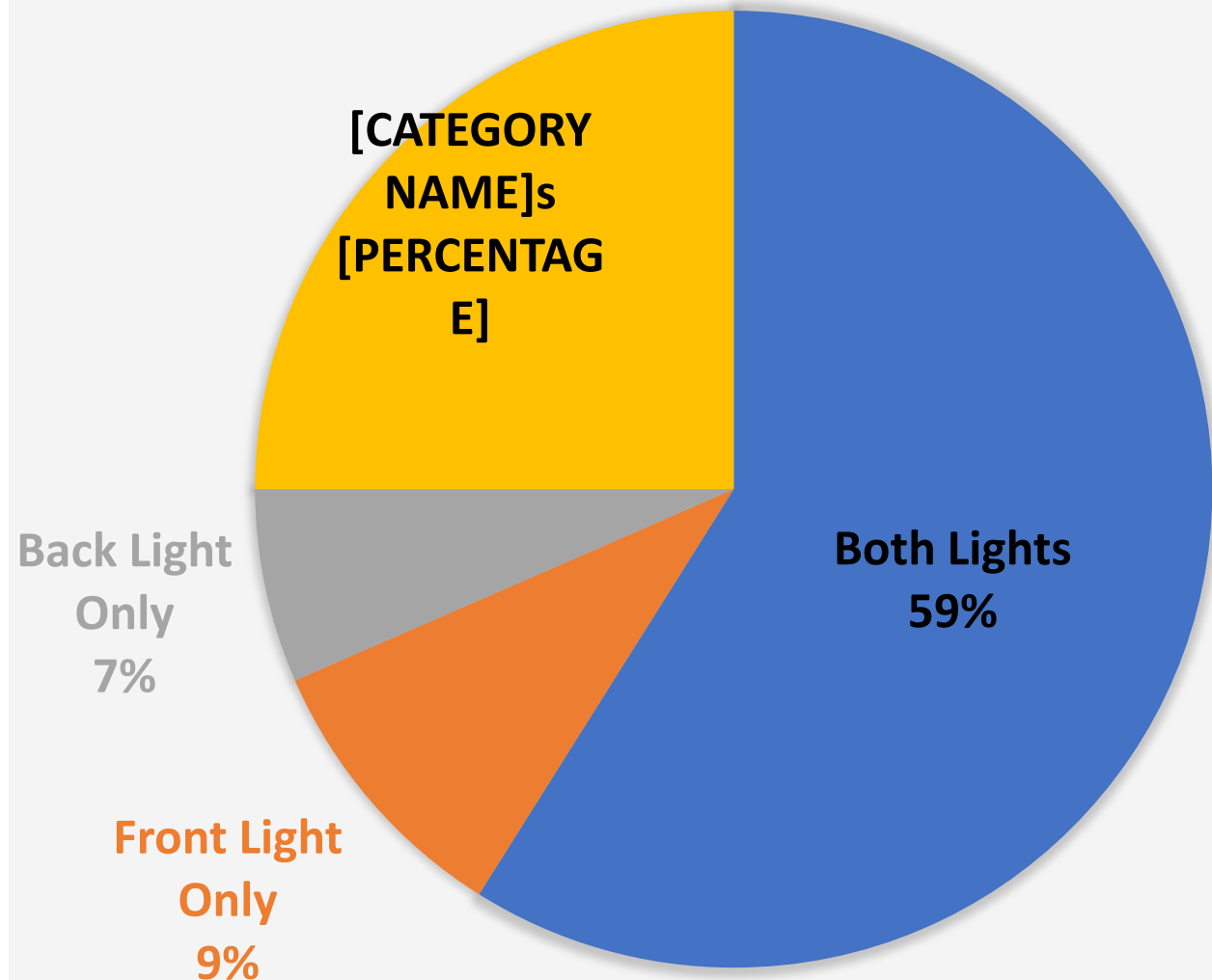
And go on bike rides



14 led rides
since
September
2015.

We
collect
data

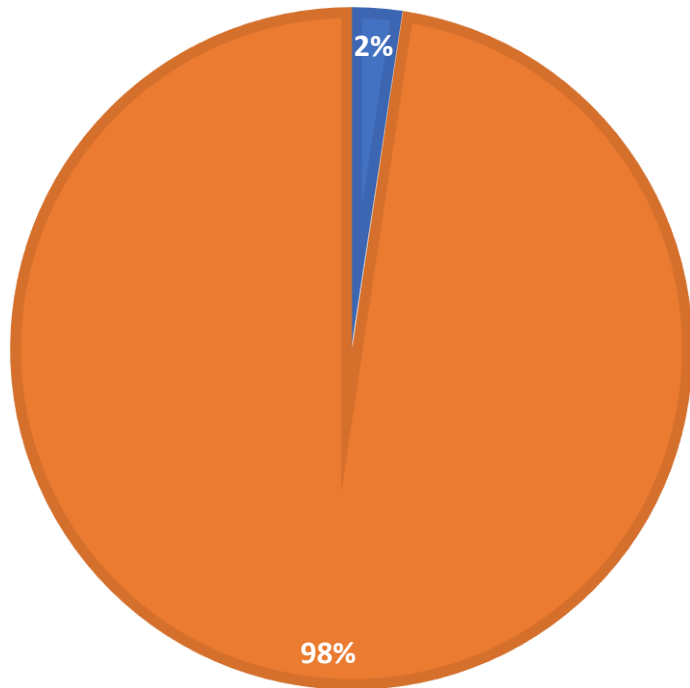
LIGHT USAGE NIGHT SURVEY RESULTS
OCTOBER 2016



On cycle safety...

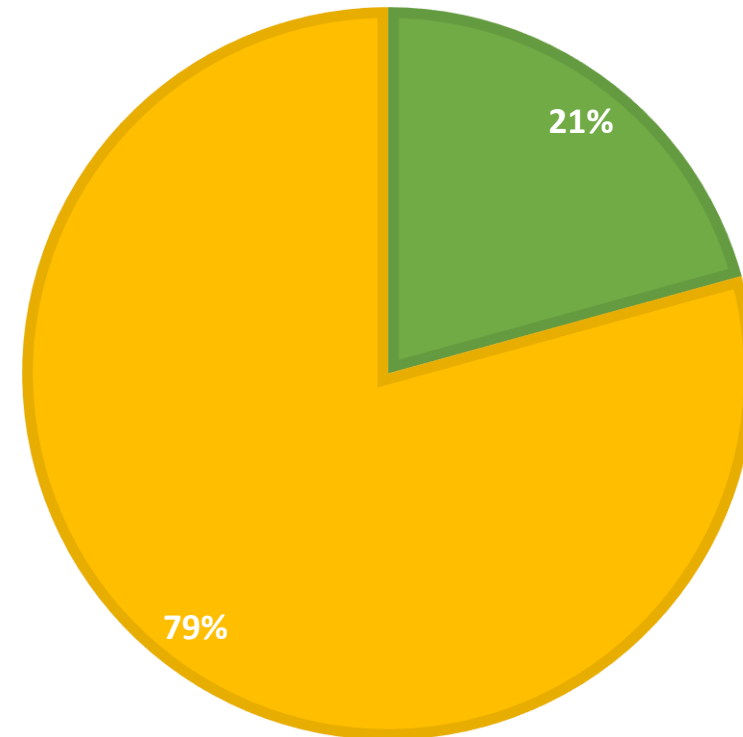
**HIGH VISIBILITY NIGHT SURVEY
OCTOBER 2016**

■ High Visibility Clothing ■ No High Visibility Clothing

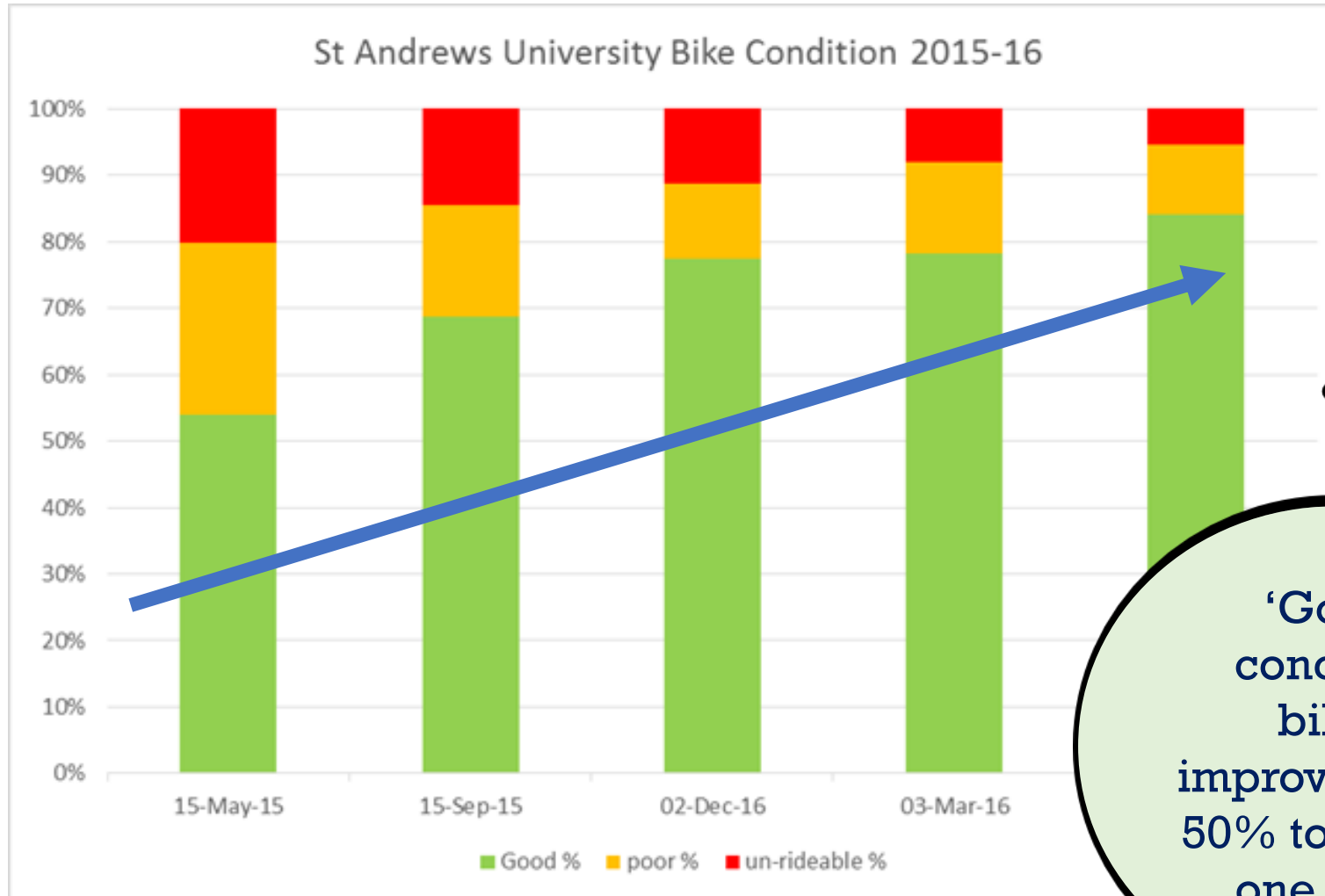


**HELMET USAGE NIGHT SURVEY RESULTS
ST ANDREWS**

■ Helmet ■ No Helmet



Bike Condition...



**'Good'
condition
bikes
improved from
50% to 80% in
one year!**



And more...



University of
St Andrews | FOUNDED
1413 |

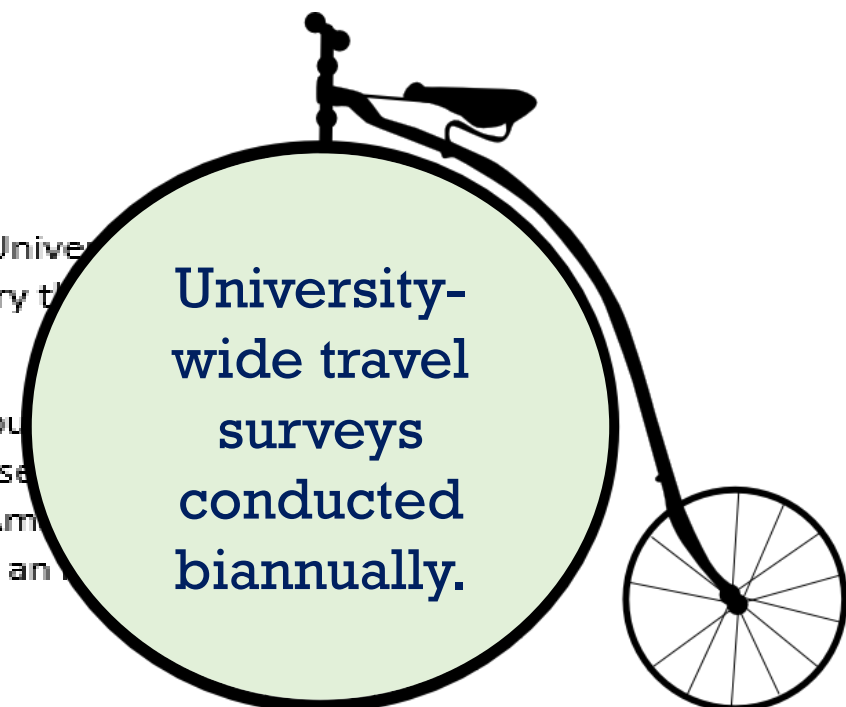
Staff Travel Survey 2015

Key Findings

Introduction

Between February and April 2015, staff were asked to take part in the University Travel Survey. The travel survey has been conducted approximately every two years and provides important insights into staff travel patterns and behaviours.

Links to an online survey (hosted by Bristol Online Surveys) were distributed via the Loop newsletter, the Salaries Self Service page, emails to school/unit secretaries, the Environment Team's social media channels. A prize draw for a £100 Amazon voucher (from travel provider DP&L) and free membership to E-Car Club was offered as an incentive to complete the survey.



University-
wide travel
surveys
conducted
biannually.

We bring in funding...



Approximately
£100k brought
in for St
Andrews
cycling projects
in two years.



And we save carbon



296 tonnes of
CO₂ saved
from the Bike
Pool project
over
2015/2016.

But, most importantly...



We have fun!



From Cycletricity...



To banana smoothies...



Finding cute animals...



And cycling next to famous actors



Rob
Callender,
Game of
Thrones
(far right).

High five!





What does the future
hold?

We are working towards the Cycle Friendly Campus Award...



We aim to be a
Cycle Friendly
Campus by
January 2017.


Developing a cycle strategy...



University of
St Andrews | FOUNDED
1413 |

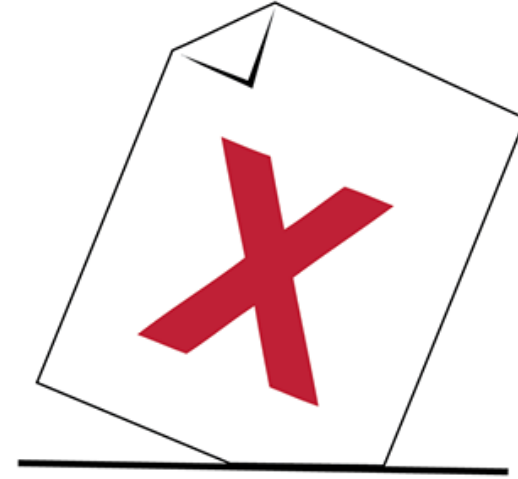
Cycle Strategy 2016 - 2026

Sustainable Travel for Town and Gown

A stylized illustration of a bicycle. The front wheel is a large, light green circle with a black outline. The frame, handlebars, and seat are black. The rear wheel is a smaller black circle with spokes. The text "Draft to be completed by December 2016." is written in blue inside the large green wheel.

Draft to be
completed
by December
2016.

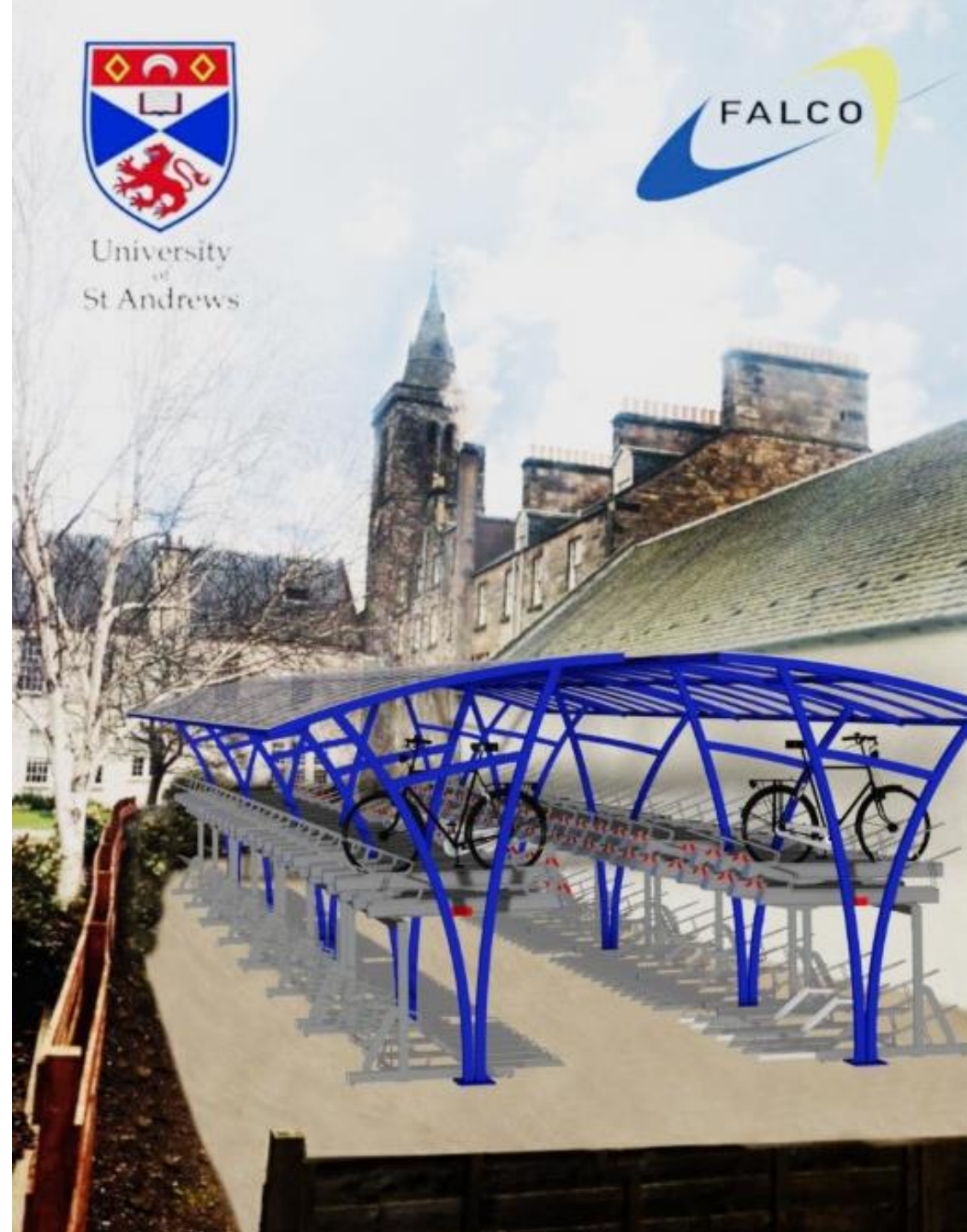
Creating a Town Cycling Campaign Group...



we walk we cycle we vote

#walkcyclevote

Increasing
bike
parking for
priority
areas...





Devising a St Andrews Sustainable Travel Brand and Website*



Looking to fund a full-time cycling officer...



And a create a bike powered cinema? 😊





Finally...

A big thank you to:



Our



volunteers...

Our supporters...



University of
St Andrews | FOUNDED
1413 |





And many, many more...



Image credits...

Alexander Thompson

Alistair Macleod

Allan S. Morrison, ASM Media & PR

Ashley Bae

Benjamin Ong

Cameron Whitelaw

CAPOD St Andrews

Chiara Villa

Electric Pedals

Esmond Sage

Jan Rybojad

Katherine Ellsworth-Krebs

Lara Fahey

Lindsey Mackay

Paul Downie, Falco

Paul Wright

Sophia Lane

+ Many more...

Any questions?



Email Lara Fahey at: lf47@st-andrews.ac.uk