

## Food as a sustainability issue in Preschool Education Training

### Organising institution:

Artevelde university college in cooperation with Djapo

### Faculty/Department/Programme/External partners:

Bachelor of Preschool Education

### Abstract:

Future preschool teachers are given a session on how the theme 'food' can be implemented in a sustainable way among preschoolers, with a balance between theory and practice.

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### Website:

<http://djapo.be/lerarenopleiding/>

### Description:

Djapo organises sessions on current themes for student teachers. These sessions may be guided by a staff member of Djapo or by the lecturer in the teacher training to whom we impart the necessary information and skills through in-service training or individual coaching. Djapo gladly caters for your customised ESD request!

At Artevelde university college a 3-hour session was organised within the framework of the module 'Preschoolers and current affairs'. The target group consisted of preschool teachers in the last year of their training.

'Food' was chosen as the current theme in the context of the 11.11.11. campaign around food security and World Food Day (16 October).

Djapo developed this session thematically and in an \*ESD way. The session was subdivided into three parts:

Part 1: Philosophising about the 'right to food'.

Philosophising is regarded as an important competence when working on ESD, which we also want to practise with the oldest preschoolers. Through in-service training or individual coaching we examined, together with the lecturer, how the theme could be approached and we offered suggestions for a philosophical conversation tailored to preschoolers.

Part 2: Fruit and vegetables

The possibilities for working around the theme 'fruit and vegetables' were presented to the preschool teachers through the figure of Gloob, a little green man who is worried about the Earth. Gloob embodies the ESD idea for preschoolers.

By getting to know Gloob, the students are learning a child-friendly way of introducing the ESD concept to the preschoolers. In addition, the students were inspired by means of model assignments which can introduce the concept of seasonal and local vegetables and fruit at their level to the classroom.

Part 3: 4-step plan regarding the theme of food

The 4-step plan is a way to globally flesh out themes that are worked on in preschool. In this third part of the session this was applied to the theme of food.

\*ESD: Education for Sustainable Development