

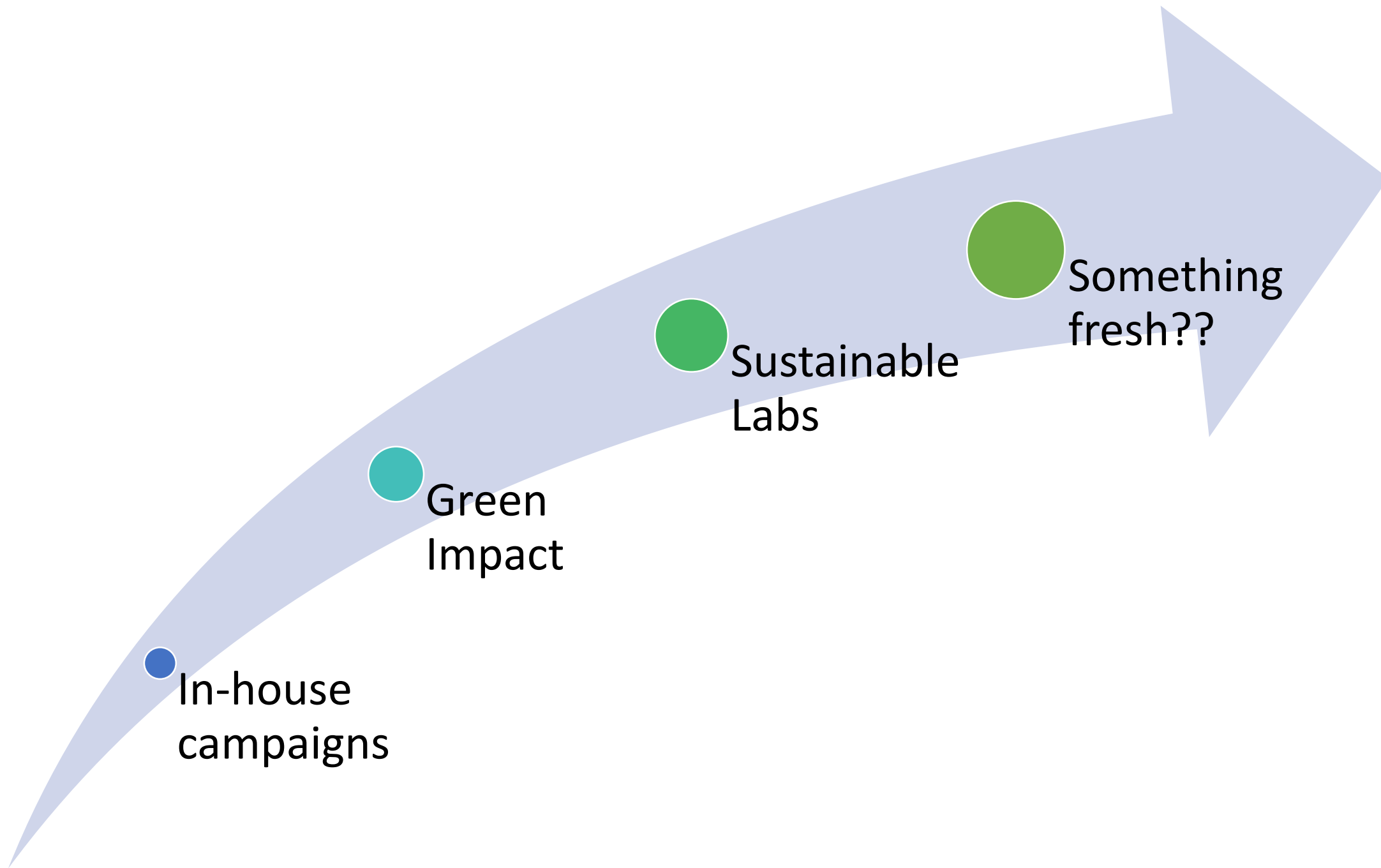
A photograph of a university campus scene. On the left is a red brick building with a sign that reads "James Blyth Court". To its right is a modern building with a facade of horizontal grey and white panels. In the foreground, there is a paved walkway, a black directional signpost, two black recycling bins, and a person walking. The scene is framed by trees with green and yellowing leaves, and a bright sun flare is visible at the top center.

University of Strathclyde

JUMP programme

Positive partnership in action



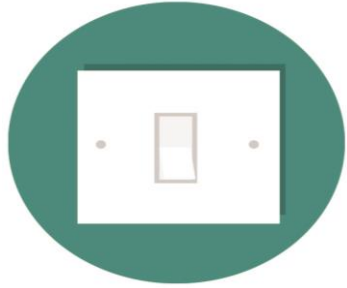








ENERGY SAVING



RECYCLING & WASTE



SUSTAINABLE LABS



VOLUNTEERING & CHARITIES



CYCLING



PERSONAL WELLBEING



CYCLE SAFELY



WALKING



STRATHCLYDE HERO





Charities and Community Projects



Engineering for
Development

CHARITY INFO

VOTE

15% of votes

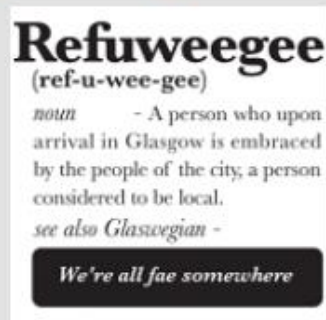


Scottish Wildlife Trust

CHARITY INFO

VOTE

33% of votes



Refuweegee

CHARITY INFO

VOTED ✓

35% of votes



Law Clinic

CHARITY INFO

VOTE

15% of votes



John Fitzsimons
Memorial Scholarships

CHARITY INFO

VOTE

3% of votes

Get involved and win local vouchers



Nourish

MORE INFO



M&S

MORE INFO



Love2Shop

MORE INFO



Centre for Sports &
Recreation

MORE INFO



Green Rewards
eVoucher

MORE INFO

**SUSTAINABLE
STRATHCLYDE**

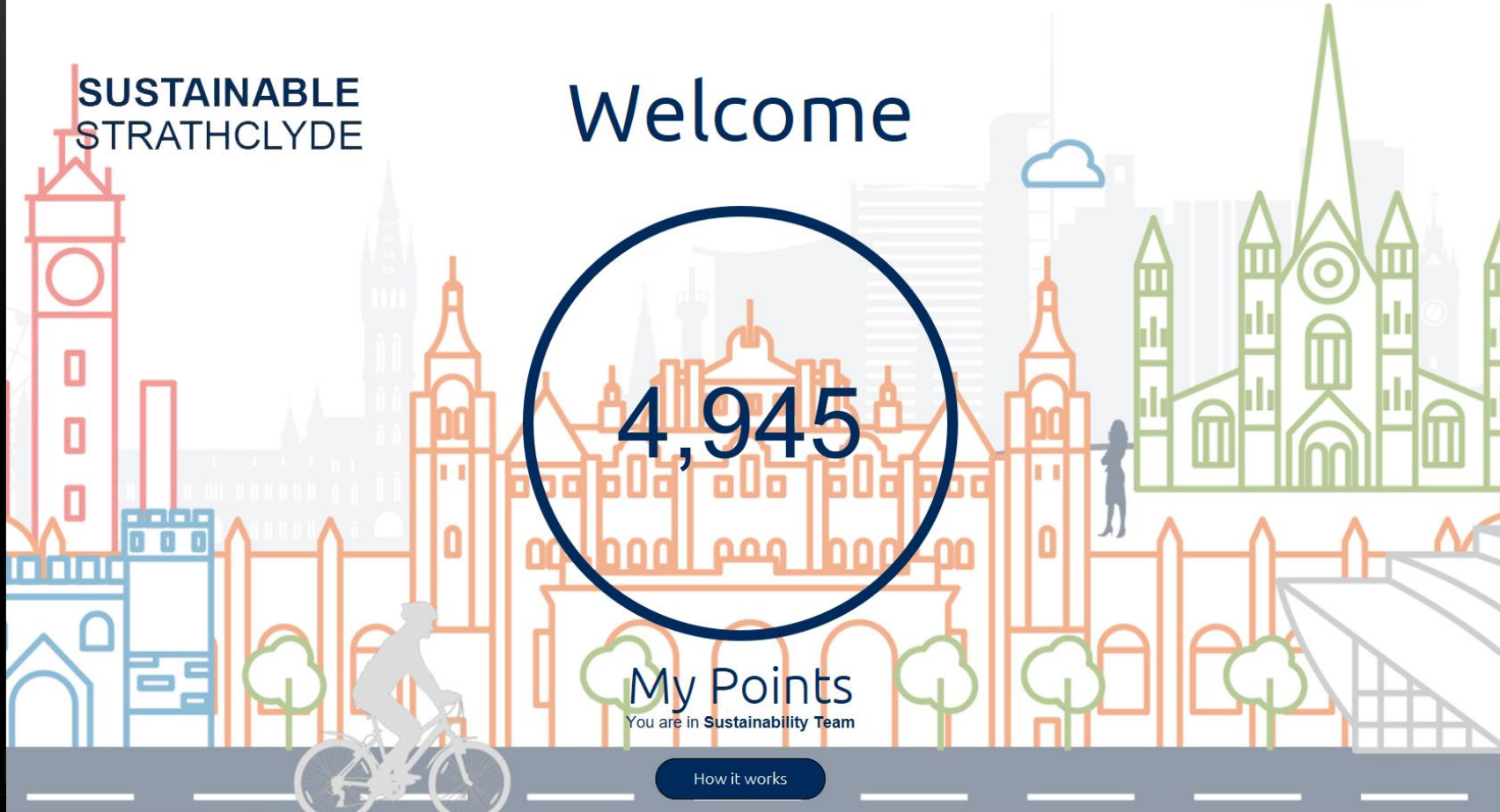
Welcome

4,945

My Points

You are in Sustainability Team

[How it works](#)



Earn Points

Engagement

Energy

Travel

Resources

Wellbeing

Sustainable Labs



Recycling made simple

Print the University's Recycling Guide, find out what you can recycle, display around your office and earn 500 Green Points!

SUBMIT

[More Info](#)



Reusable cup

Use a reusable cup instead of a disposable cup to earn 125 Green Points per week!

I'M IN! ✓

[More Info](#)

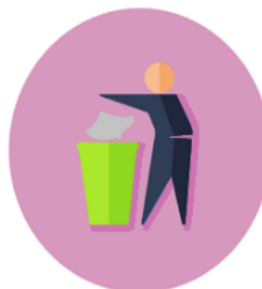


University reuse

Earn 250 Green Points for sending us a photo of something you've reused on campus!

SUBMIT

[More Info](#)



Report your recycling

Let us know what you have recycled each week to earn up to 120 Green Points.

I'M IN! ✓

[More Info](#)

Leaderboard

Leaderboard: **Team** Individual

You've earned 4945 points for Sustainability Team

	TEAM NAME	TOTAL POINTS	AVG PER PERSON
1	RAKET	138,352	34,588
2	TIMETABLING TEAM	150,404	30,081
3	STRATEGY & POLICY	126,499	21,083
4	BUSINESS IMPROVEMENT TEAM	94,498	18,900
5	SUSTAINABILITY TEAM	115,134	16,448

OPT IN TO ACTIVITIES

< HOME **JUMP**
rewarding positive steps

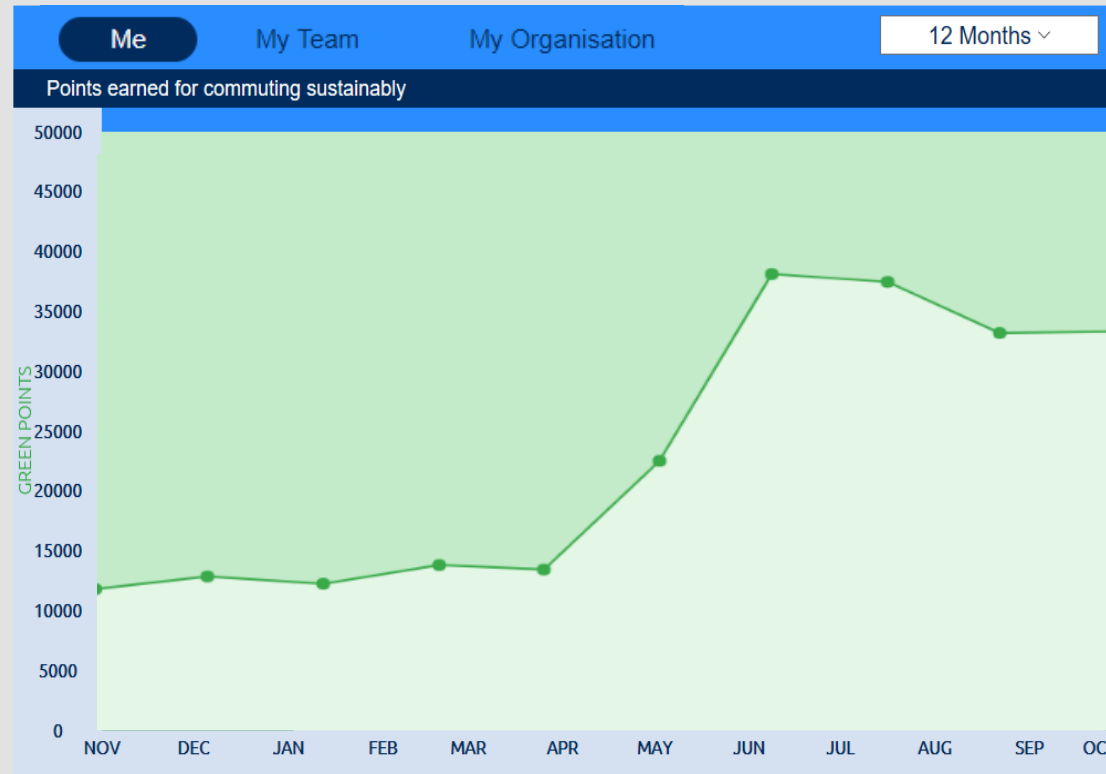
Leader board

Team **Individual**

You've earned 6150 points for TQ2 Riverside Floor 2

	NAME	TEAM	POINTS
1	YASMIN G	LEWISHAM BRANCH	72,935
2	JIM T	TQ2 ROADSIDE FLOOR 1	59,060
3	PAUL A	TQ2 ROADSIDE GROUND FLOOR	42,090
4	PAULINE E	TQ1 FLOOR 4	25,520
5	NICOLA M	TQ2 RIVERSIDE FLOOR 6	25,085

My Contribution



POINTS EARNED FOR COMMUTING SUSTAINABLY



214704 Green Points

MORE INFO

DISTANCE COVERED BY COMMUNITY SUSTAINABLY



70852.32 Miles

MORE INFO

Sustainable commute ▾

CO2 EMISSIONS AVOIDED



13741.06 kg CO2 Avoided

MORE INFO

DISTANCE TRAVELLED SUSTAINABLY



1545.87 Trips to Edinburgh

MORE INFO

< September 2018 >



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	26	27	28	29	30	31 Organic Septemb...
2	3 10:00am Zero Waste Week	4	5	6	7 7:00pm	8
			International Day ...			
9	10	11	12	13	14	15
16 International Day ...	17	18 World Water Moni...	19	20	21	22 Car Free Day
23	24 Recycle Week	25	26	27	28	29 World Rivers Day
			World Environme...			
30 Recycle Week	1 World Habitat Day International Vege...	2	3	4	5	6

Save Event



iCal



Google



Outlook



Yahoo!



2,939 disposable cups saved and 30kg of waste avoided



15,000 kg of CO2 avoided by travelling 76,200 miles sustainably



4,051 slices of pizza burned for over 1,500 hours of exercise



Congratulations, July voucher winners!

Well done to everyone who got busy earning as many points as they could before the end of the JUMP pilot. We're delighted to announce four new prize winners who earned the most points within the month of July. Congratulations to our July voucher winners: **Rona S** and **Theresa J!**

[Click here to meet your voucher winners](#)



Win a prize for taking our survey!

Did you enjoy taking part in the JUMP pilot this year? Do you have any suggestions for how the programme could be improved? We want to hear from you! Take our feedback survey, leave your email address at the end and there will be a **£15 Amazon Voucher prize** for a randomly selected winner! We value your feedback and the comments you send us will help us make JUMP the programme you want it to be.

[Click here to take the survey now.](#)



How much CO2 have you avoided?



How many disposable cups have you saved?

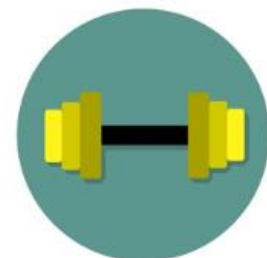


How much waste have you avoided?



Earn points for wellbeing at work

Wellbeing is about having a good level of physical and mental health, as well as quality of life. Through JUMP we want you to take steps to feel healthier and happier at work, so you're in a state where you feel you can thrive! Keep reading to find out more about our Wellbeing activities, which can be found in the [Wellbeing theme](#) on the website.



Stay Active

Regular exercise keeps your mind and body healthy and can help you to feel more energised at work. So whether you are taking an outside lunch break or sweating it out in an exercise class, by staying active you'll be helping improve your wellbeing - and you'll earn more Green Points too! You could earn:

46%

of in scope
employees signed up
in pilot



6,517

positive actions
recorded

3,070

disposable cups
diverted from landfill



15,000

kg carbon emissions
avoided









Download on the
App Store



GET IT ON
Google Play

