

Date: 8<sup>th</sup> June 2023  
Time: 2 – 4pm  
Venue: Online via Zoom  
[Website for Bookings](#)



## **AGENDA:**

### **Health and Wellbeing TSN Meeting 'Money Matters'**

- 2.00**      **Welcome and introductions**  
*Beth Brownlee, Head of Quality, Student Support & Learning Resources,  
West Lothian College*
- 2.10**      **Presentation 1: Improving University Mental Health: An overview  
of the current cultural implications of finance in Higher  
Education, and its effects on the wellbeing and mental health  
struggles of university staff and students.**  
*Dr Jane Morris FRCPsych, Vice Chair Royal College of Psychiatrists in  
Scotland; Hon Senior Lecturer University of Aberdeen; Hon Associate  
Newnham College, Cambridge.*
- 2.30**      **Presentation 2: Financial wellbeing in the workplace: Advice and  
support for managers, educators, staff and students to take care  
of their financial wellbeing.**  
*Emma Mamo, Assistant Director of Workplace and Business Development  
at SAMH, the Scottish Association for Mental Health.*
- 2.50**      **Comfort break**
- 3.00**      **Panel discussion and Q+A**  
*All speakers and co-conveners*
- 3.25**      **Breakout session**  
*Facilitated by co-conveners*
- 3.45**      **Summary and future meeting planning**  
*Lizzie Reather, Organisation Development specialist, Glasgow Caledonian  
University*
- 3.55**      **Thanks and Close**