

MENTAL HEALTH WEBINAR

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Start to Success

EAUC: Mental Health Webinar



OfS Challenge Competition

The Challenge Competition was a major collaborative programme launched by the OfS to find innovative ways to combat a sharp rise in student mental health issues and spark a step-change in student support across the country.

Bids were considered from 48 lead institutions with 10 collaborative projects successfully awarded funding. The 10 projects involve 67 partners.

The OfS has awarded £6 million, with co-funding of £8.5 million, amounting to a total of £14.5 million investment across projects.



Overview of Start to Success

A regional partnership led by Keele & Staffordshire University has been awarded £750,000 from the Office for Students (OfS) to develop an integrated community approach to mental health and wellbeing for students in further and higher education, in collaboration with Staffordshire University, as part of a £2.2 million project.

Whole community approach



Staffordshire
County Council



City of
Stoke-on-Trent



STOKE
ON
TRENT
COLLEGE

NSCG

NEWCASTLE
AND STAFFORD
COLLEGES GROUP



University Hospitals
of North Midlands
NHS Trust

NHS

North Staffordshire
Combined Healthcare
NHS Trust

NHS

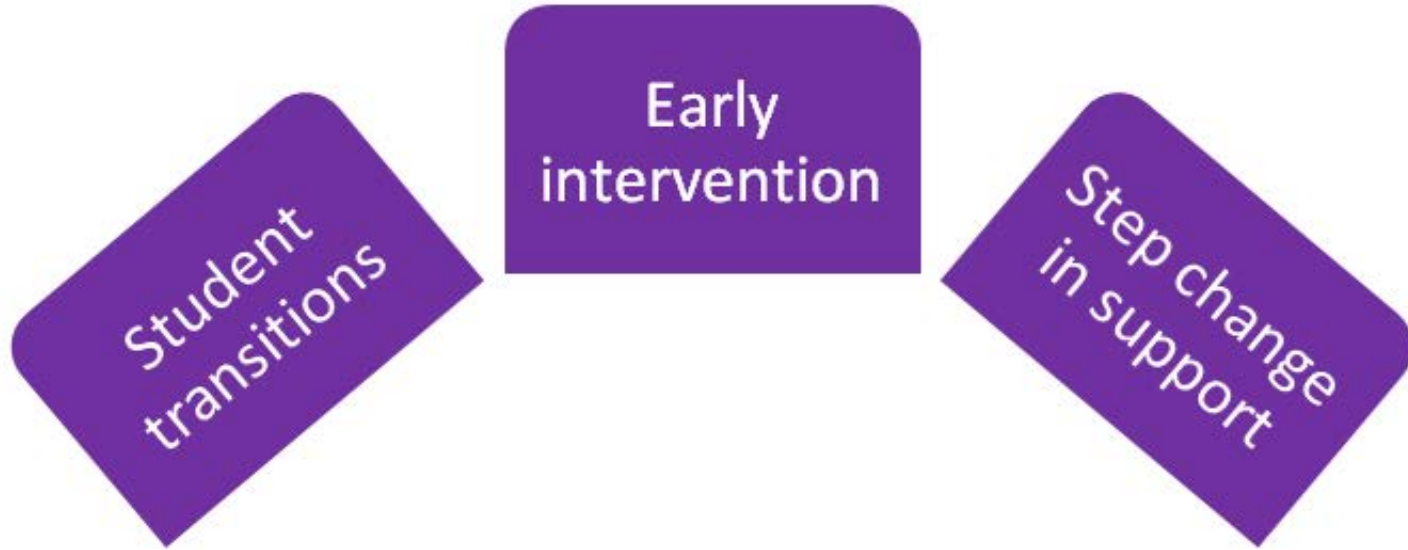
NHS North Staffordshire Clinical Commissioning Group
NHS Stoke-on-Trent Clinical Commissioning Group

NHS

Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust



Three key priority areas:



Student Transitions

- Improved transition into and through university for students, especially those who may be vulnerable to mental ill health
- Workstreams within this theme:
 - Working with FE partners to support the transition from FE to HE
 - Specific support for FY students
 - Specific support for PG students
 - Staff training



Early Intervention

- Developing and implementing interventions to support student mental health and wellbeing
- Workstreams within this theme:
 - Lifestyle coaching tools for staff
 - Active wellbeing interventions
 - Support for students withdrawing/taking a break in studies
 - Student engagement monitoring project
 - Integrating support services into automated bot technology
 - Improved signposting & self-help resources



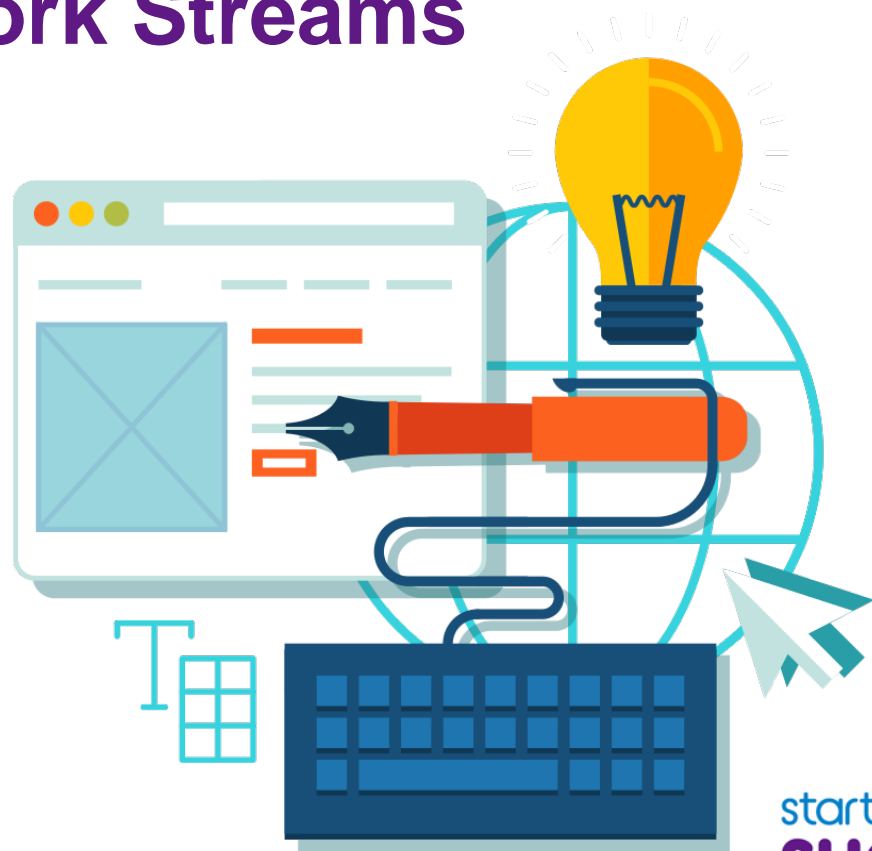
Step Change in Support

- Development of new and innovative approaches to needs assessment and referral pathways
- Workstreams within this theme
 - Improving pathways into and out of NHS services for crisis and routine situations
 - Provision of out of hours support for students
 - Suicide prevention initiatives



Other Project Work Streams

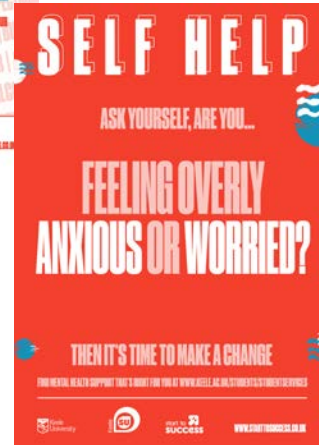
- Data collection
- Student Advisory Panel
- Wellbeing Ambassadors



Regional Mental Health Campaign

A regional student mental health campaign is being developed which will focus on three key themes

- Reducing isolation
- Reducing stigma
- Self help



Thank you for listening

**Contact me on
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**Or find out more at
www.starttosuccess.co.uk**

