



# Period Dignity on Campus with Edinburgh Napier University







# we're good for periods.

 hey girls...



- completely free, please help yourself
- environmentally friendly

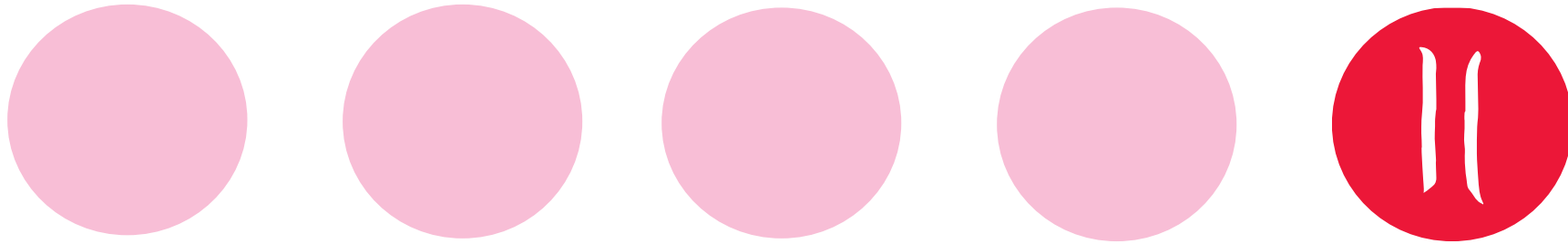
100% natural non applicator tampons  
100 % natural plant based applicator tampons  
100% natural biodegradable period pads

to find out how you can  
do good with your period  
visit our website.

@heygirlsuk  
[www.heygirls.co.uk](http://www.heygirls.co.uk)

say hey

please help yourself



one in five women in Scotland cannot  
afford or access quality period  
products

# 66 Universities and Colleges

Argyll College UHI  
Ayr Campus  
Borders College  
City of Glasgow College  
Construction Scotland Innovation Centre  
Glasgow Caledonian University  
University of Edinburgh  
University of St Andrews  
University of Aberdeen  
University of Glasgow  
University of the Highlands and Islands  
West Lothian College







880,000 period products via home  
packs delivered during lockdown



# Edinburgh Napier University

Disposables and reusables commissioned by the University on campus and home packs during Covid-19

A free period product dispenser designed by design students that now features in all the washrooms on campus

a documentary called Bleeding Free was made – alongside a digital booklet and fundraising website by students from the School of Arts & Creative Industries

# Bloody Big Brunch







'Bleedin' Saor' Student collaborative design new dispenser for free sanitary products. As part of their third year placement, Bleedin' Saor's product design students – L-R Hannah Stevens, Sam Calder and Brogan Henderson – have been working with the University's Property and Facilities' team to roll out an initial, temporary design for a dispenser that will house free sanitary products across all three campuses.



<https://vimeo.com/574167086/f722de32d5>



# How to work with us



Direct Enquiry

Frameworks &  
Consortiums

LinkedIn &  
Email Newsletter







hey girls

[heygirls.co.uk](http://heygirls.co.uk)

[daisy@heygirls.co.uk](mailto:daisy@heygirls.co.uk)