

Pads &

Environmentstrual Week
12th-19th October

Pints

QMU CAMPAIGNS
& CHARITIES

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Pads & Pints is a period education event to destigmatise menstrual health.

Talking about menstruation should be as easy as talking about anything else over a pint so we encouraged people to come down to our event and get chatting!

As it is Environmenstrual week, we encouraged people to have more environmentally friendly periods by giving out free reusable and sustainable menstrual products and provided materials for people to make their own reusable pads.

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