

# University Catering Sustainability Policy January 2012

The University of Manchester catering service strives to offer healthy, sustainable catering that is produced, processed and traded in ways that:

- Contribute to the local economies and sustainable livelihoods
- Avoid damaging our planet
- Enhance animal welfare
- Provide social benefits

With this in mind University Catering Services will seek to implement the following:

## 1. Buy seasonal and regional food to minimise energy used in food production, transport and storage:

- Menu planning will reflect seasonality
- Suppliers will be encouraged to buy locally to minimise road miles
- We will promote seasonal foods to staff and students
- We will continue to be a member of Manchester Veg People

### 2. Choose Fairtrade products for foods and drinks imported from poorer countries to ensure a fair deal for disadvantaged producers:

We will continue to commit to Fairtrade and maintain our Fairtrade status

### 3. Buy food from farming systems that minimise harm to the environment and improve animal welfare:

- We will procure Assured Food Standard foods such as Red Tractor products where possible
- We will commit to only serving Free Range Eggs and maintain our Good Egg award
- We will promote Meat Free Mondays
- Buy Marine Conservation Society certified fish

#### 4. Promote Health & Well Being:

- Gain the Manchester Food Futures award and Food for Life mark
- Promote healthy meal deals
- Implement cooking methods that reduce salt, fat and additives
- Meals to have generous portions of fruit & vegetables

#### 5. Promote tap water

- Encourage reusable bottles
- Engage with "Give me tap"
- Only stock One water that builds PlayPumps in Africa



## University Catering Sustainability Policy continued...

#### 6. Endeavour to keep waste to a minimum

- Promote Hug Mugs to reduce landfill and other reusable takeout options
- Move towards biodegradable packaging
- Engage with our suppliers to cut down on packaging
- Reduce, reuse and recycle initiatives to include paper, plastic and can recycling in all outlets
- Kitchens to recycle cardboard, aluminium, oil and glass
- Explore food waste composting for the department

#### 7. Minimise energy consumption

Hold regular switch off campaigns

This policy will be reviewed and updated annually and reported to the Head of Environmental Sustainability.

### For more information on any of the points raised above please contact:

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