

Addressing Food Poverty

West Lothian College



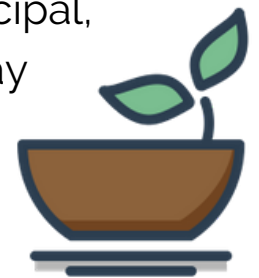
The project

West Lothian College is implementing a series of initiatives to **improve access** to healthy and **nutritious food** for students, addressing food poverty. Initiatives include the daily provision of **free soup and a roll**, the provision of **Porridge or 2 slices of toast for 30p** and the establishment of 'help yourselves' **fruit** baskets.



Outcomes and implications

- The free soup and roll initiative, introduced by the Principal, is very successful with around 100-140 students per day using the service in January-February 2019
- Encourages students to help themselves to free fruit addressing malnutrition
- The initiative has a positive social outcome for students, as food poverty among students is an issue and many students at the college have asked for support



SDGs

By seeking to address the issue of **food poverty**, the project contributes to the achievement of **SDG2**

By providing students with **free and affordable healthy food**, the college provides support for students experiencing **poverty** and addresses **poor nutrition** contributing to **SDG1** and **SDG3**

