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LEARNING AND LEGACY THE ROLE OF EDUCATION IN CREATING HEALTHIER, HAPPIER CITIES
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Lab Sustainability – Modernising research for tomorrow's challenges

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Lab Sustainability – Modernising research for tomorrow's challenges



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Session Agenda:

- Intro into why we're discussing science and labs
- Quiz!
- A look into some of the projects around the field from Bristol, King's College London, and the wider community
- A discussion of incentives – through regulation, financial and finally ethical
- Questions and comments

Introductions



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Speakers

- Anna Lewis: Sustainable Labs Officer at the University of Bristol
- Martin Farley: Research efficiency officer at King's College London, (formerly 'Labs facilitator' at University of Edinburgh)

How is Science doing?



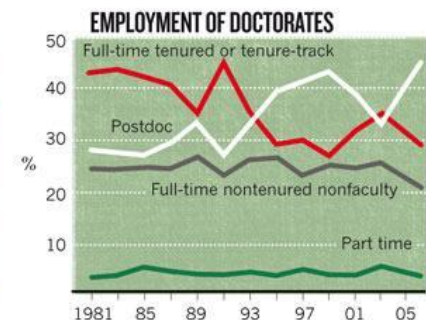
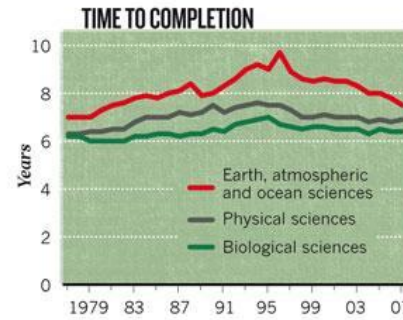
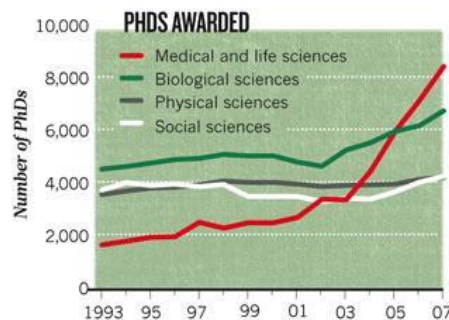
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- To start, we have a lot of PhDs! Good right?
- “The academic job market has become more and more competitive... nowadays, less than 17% of new PhDs in science, engineering and health-related fields find tenure-track positions within 3 years after graduation.”
-R. Larson et. al.

United States: What shall we do about all the PhDs?

The annual number of science and engineering doctorates graduating from US universities rose to almost 41,000 in 2007 (left), with the biggest growth in medical and life sciences. It took a median of 7.2 years to complete a science or engineering PhD (middle) — yet the proportion finding full time academic jobs within 1–3 years of graduating is dwindling (right).



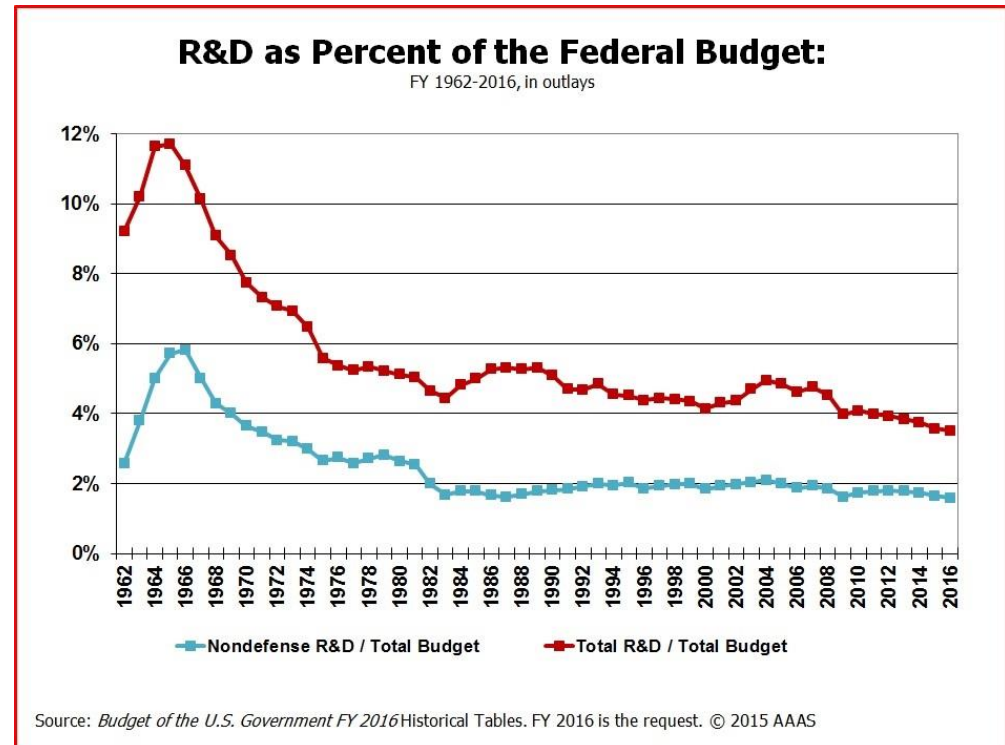
Current Research Environment



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- Still plenty to research though!
- UK rises in funding were frozen . . .
- Worse in the US



Current Research Environment



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So what can we do?

Not less science

We can start with looking at methods and efficiency (and sustainability) – science is going to need to reduce cost



Students want more sustainable development content integrated in their course material
(*NUS/HEA survey*)

So why Research Spaces?



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Research spaces consume 3-5 times more energy per square meter than academic spaces

Exeter used 267 tonnes of plastic in 2014 – there are ~20,500 research institutions worldwide ~ 1.8% total world's consumption!

Typical research institution can have 60-65% of its electricity consumed by research spaces.
Construction costs of £2000+/m²

Often unaddressed due to specified nature of research – though some processes are common



Quiz!



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1) Lab plastic are estimated to contribute ...?.....
to the total global plastic waste.

- a. 0.001%
- b. 0.6%
- ✓ c. 1.8%
- d. 5.3%

Quiz!



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2) What piece of standard lab equipment consumes the most energy?

- ✓ a. Fume cupboards
- b. Centrifuges
- c. Ovens
- d. Biological safety cabinets

Quiz!



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3) Inefficient ultralow temperature freezers
DON'T use the same amount of CO₂e as:

- a. An average UK household
- b. 15,000 miles in average car
- ✓ c. An average US person
- d. 2.5 tonnes of waste sent to landfill

Quiz!



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4) Efficient ultralow temperature freezers use the equivalent CO₂e as:

- ✓ a. 5,000 miles in an average car
- b. 8,500 mile in an average car
- c. 11,200 miles in an average car
- d. 15,000 miles in an average car

Quiz!



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- 5) What isn't the equivalent to running a fume cupboard?
- a. 19 acres of forest
 - b. 3-4 average households
 - c. 12 tonnes of coal burned
 - ✓ d. 3 average cars driven for a year

Quiz!



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6) Single pass (tap-to-drain) cooling systems can useper year of water.

- a. 10,000 L/year
- b. 25,000 L/year
- ✓ c. 60,000 L/year
- d. 85,000 L/year

Quiz!



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7) What percentage of health-care waste did the WHO estimate was hazardous?

- a. 5%
- ✓ b. 15%
- c. 30%
- d. 50%

Quiz!



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8) KCL spent how much on electricity last year?

- a. £5,000,000
- b. £8,500,000
- ✓ c. £11,000,000
- d. £15,000,000

Quiz!



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9) Of that figure, what estimated percentage was on spent on running cold storage?

- a. 2%
- b. 3%
- ✓ c. 4%
- d. 5%

Quiz!



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10) While variable, what range typically represents 'indirect costs' of research?

- a. 0-10%
- b. 10-20%
- ✓ c. 20-30%
- d. 30-40%

Projects in the field – Bristol



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Labs = 40% **energy, water and waste**, but only 6% space.

Energy for plug-load and heating, ventilation & cooling (HVAC).

Normally HVAC = 50-70%. UoB Chemistry = 65%

So is the first port of call fume cupboards?

£1 million funding for projects

Current project = 198 fume cupboards
in Synthetic Chemistry and
£56,000/yr savings.



Projects in the field – Bristol



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All well and good but ££££££ and disruptive.

Reducing plug load still worthwhile: non-invasive AND speedy.....relatively.

Lab equipment replacements: Drying cabinets and ultralow temperature freezers. There's already a lot of info out there!



- Replaced 71 units
- ~£30,000/yr energy savings
- 155tCO₂e
- Payback ~4.2yrs

Projects in the field – King's College London



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KCL Operates in a complex environment –
partnerships with NHS (3 hospitals),
Bouygues, soon the Crick, and all in central
London

- Cold Storage – Surveys, policy, resilience, freezer room business case
- More Surveys – timers, savawatt, drying cabinets
- Awards! Year 2 – 15 teams submitted, 4 Gold



Projects in the field – King’s College London



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- Waterless Condensers
- Ventilation – Policy, variety of projects underway. Setting affects outcome
- Procurement – KCL+UCL ULT freezer deal . . . More to come through combined economies
- Surveys for other London institutions, more to come!



Imperial College
London

Incentives – Standards and Regulations



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- The standards and regulations in place have great effects on efficiency and sustainability
 - Organisational/national commitments
 - Carbon reduction commitment
- What areas of research are affected?
 - Facilities construction and management
e.g. air change rates, cold rooms, containment
 - Research methods
e.g. storage temperatures, green chemistry
 - Financial management
e.g. grant funding models and procurement systems



Incentives – Follow the money



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- Researchers don't pay the bills.
- Studies show users more likely to purchase efficient equipment with offer of incentives and rebates.
- Financial and safety benefits - inductions
 - e.g. long equipment life span, repair costs, streamlined and research security
- Solutions? Cap-and-trade e.g. Gurdon Institute
 - Take advantage of competitive nature.
- Funding – organisational level – HEFCE
 - supported by other Grant Funding Bodies

Incentives – Follow the money



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- Who exactly benefits from cost effective/efficient research??
- Stakeholders: Researchers, Funding bodies (public vs private), Public, Estates departments
- Let's look at how research is funded
 - It starts with an issue, or concern
 - Funding bodies put money up, but not enough. HE bids for it based on varied tools
 - HE bodies use their funds to compensate
 - HE looks for continued funding/success, but efficiency only plays a small part in (REF)
- Confusing!



Incentives? Ethical research + education



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- Social responsibility in science research.
 - organisational reputation
 - European Commission responsibility
- Education for Sustainable Development
 - reach students prior to research.



- Students (Generation Y) more environmentally aware.

Pew Research Study (2011)

- 'They are most likely to [pay more for responsibly made products](#)'
- 'Roughly 80 percent want to work for companies that [care about their impacts](#)'

So now what? - Solutions



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Standards and regulations – Question more (as with the mind of a child).
Challenge, Experiment, and Improve.

Financial – Clarity and standardisation of funding methods. Eventual fair assessments and integration of efficiency.

Educational – Integration in inductions and teaching. Leaving lasting good practice for tomorrows researchers.



So now what?

Larger than the lab



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Benchmark laboratory equipment - lifecycle cost & environmental impact

e.g. Energy Star in US + My Green Labs

Collaboration

- standardised but flexible Sustainable Lab guides.
- improve methods of sharing data.

The dream....regulated Environmental Accreditation status for laboratories

- financial benefits from grant funding bodies such as the current Research Efficiency Framework (REF).

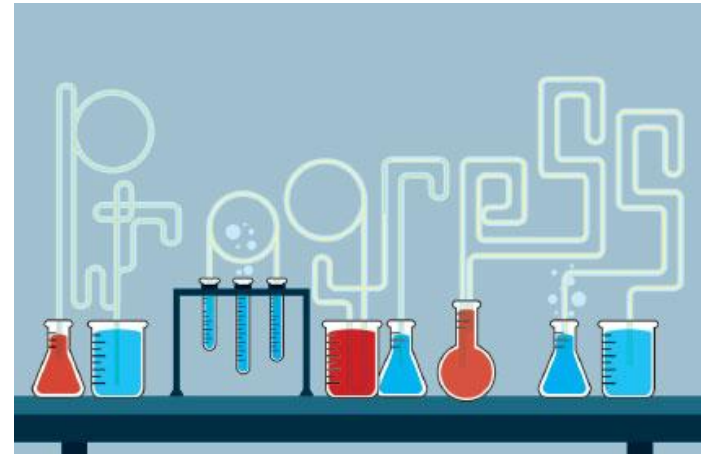
What's next?



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- Look to make a post
- Different solutions for every institution
- Get in touch
- Nothing can grow indefinitely – tomorrow's research will need to adapt and evolve. Help lead the way



Questions + Comments? Contact, + Thanks



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